
BIRKEBEINER BULLETIN



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Official newsletter of the Birkebeiner Nordic Ski Club

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Editorial

Don't miss the AGM and the opportunity to nominate members for life membership and the Ian Ryan Award or certificates of appreciation.

The race calendar is in a state of flux, when it is finalised I will publish it here.

If you are a future star, or if you know a future star read page three.

The Combined Emergency Services Open Day will be held on the 4th of April. Go if you can.

BNSC LIFE MEMBERSHIP & CERTIFICATES OF APPRECIATION and the IAN RYAN MEMORIAL CLUB AWARD

Nominations for “Life Membership” and “Certificates of Appreciation” and the Ian Ryan Memorial Club Award, will be accepted from BNSC members up until the last general committee meeting before the AGM in May. Nominations should be in writing and must be given to the secretary by Monday, April 13th. The AGM will be held on Wednesday the 20th of May. The nomination should include a short history or potted biography outlining the reason/s for the particular nomination. The decision will be made by the general committee before the AGM of that year.

“Life Membership” awards will only be made in exceptional circumstances with a maximum of two life memberships awarded in any year. There is no limit on the number of certificates of appreciation that may be given in any year. The Ian Ryan Memorial Award is awarded annually for voluntary service to the club over the last twelve months.

Annual General Meeting

Date **Wednesday 20th May, 2009.**

Time **7.30 pm**

Venue **Kangaroo Hoppet Office – in the big room.**

Supper **Will be provided.**

Agenda The agenda at the AGM will include Reports from the President, the Treasure and several Sub-Committee convenors.

The agenda will also include the election of the General Committee and Executive Positions for 2009/2010

The Club needs YOU.

The BNSC has been a very active club in this community for over 30 years. It relies on volunteers from club members to keep it ticking over from one year to the next. Thus, if you feel that you can make a contribution to the running of the club then please come to the AGM, participate in the discussion on the clubs short and long term future and please think about joining the general committee, the executive or one of the many sub-committees. We all need to help to keep this great club ticking over for many years to come.

Combined Emergency Services Open Day

The Combined Emergency Services Open Day will be held on 4th of April outside the Mount Beauty Fire Station. The CFA, Ambulance, Police, SES, Red Cross, Neighbourhood Watch, DSE, Saint Johns and the Birkebeiners will be putting on an open day to showcase what each of them do. It will probably be over by the time you read this. I will report next issue.

2009 XC FUTURE STARS SUMMER TRAINING CAMP.



Want to be part of dry land training camp for junior XC skiers? This camp offers you the chance to train with Australia's best XC skiing athletes, Winter Olympians and coaches. The camp includes ski striding, strength, interval and distance training sessions over a weekend as well as information sessions on waxing, training, goal setting, injury prevention and the highs and lows of racing on the road towards the Olympics as a XC skier.

Where? Falls Creek ,VIC, Howmans Gap YMCA. Falls Creek Alpine road. Ph 0357583228

When? Fri 1st, Sat 2nd & Sun 3rd of May 2009.

How much? \$190, all inclusive, accommodation Fri/Sat night, all meals, and coaching.

What you need to bring? Training clothes for good and bad alpine weather, running shoes, short ski poles, drink bottle carrier, own bedding and towels.

FOR MORE INFORMATION-

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Membership Status

Don't forget to check your membership expiry date on the address label. If you get the newsletter from the website there is a file there with all expiry dates. Please check it to see that you remain financial.

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