# Birkebeiner Nordic Ski Club Roller Ski Policy

This policy provides guidelines that allow BNSC to manage and encourage safe use, monitor maintenance and use of BNSC's roller skis.

- •BNSC will provide roller skis for use by club members, specific programs and clinics.
- •The 'Roller Ski' subcommittee (RS SC) will develop and review operational guidelines for conditions of use including the wearing of safety equipment.
- •The RS SC will provide guidelines for use of roller skis and roller skiing on public roads
- The RS SC will designate a central venue and system for storage of roller skis and related equipment
- •The RS SC will manage the maintenance, repair and replacement of roller skis.

The club has seven pairs of skate and eight pairs of classic roller skis. There is also a bag with a variety of wrist, elbow and knee guards as well as 15 lycra ski vests. The club co-owns with the Victorian Ski Team a set of sandwich board signs as a traffic warning. The skis are kept in a blue luggage bag and it has the borrowing form in a plastic pocket inside.

**Note** — Currently, Club roller skis and equipment are kept at the Trnka house- 5 Buckland Street, Tawonga south. They are maintained by Marg and Michal Trnka. Funding may be sought to replace wheels, bindings and other safety equipment when required.

#### Use of the Roller skis

- 1. **Roller skis are available for club activities** and can be hired out at a negotiated price to non-club members for SSA and Vic Squad activities. (eg. \$5 for the afternoon) For these activity sessions the following conditions apply:
- Replacement cost of the skis is \$200 if lost, stolen or damaged beyond repair.
- Skis are the responsibility of the borrowing instructor.
- Junior skiers (up to age 15) must be directly supervised by an adult during use.
- Junior skiers 15 years and over may use the skis without supervision.
- Skiers must wear a helmet at all times when skiing.
- Skiers must wear a high visibility vest when skiing on the roads.
- Skiers should ski on suitably quiet roads or bike paths.
- Skiers should ski on suitable surfaces- rough roads will damage the wheels.
- Skiers should not skate on the classic skis- this will damage the wheels.
- The club does not own boots and poles, but Mt Beauty Secondary College may be approached for hire.
- A first aid kit and mobile phone should be available during organized session.
- Participants should complete the registration form.
- 2. Roller skis are available for club families to hire for the summer holidays period (up to the beginning of term one). The following conditions apply to the hire of skis:
- The cost is \$20 (for maintenance and repair).
- There is a \$20 deposit.
- Replacement cost of the skis is \$200 if lost, stolen or damaged beyond repair.
- Skis are the responsibility of the hiring adult.
- Junior skiers (up to age 15) must be directly supervised by an adult during use.
- Junior skiers 15 years and over may use the skis without supervision.

- Skiers must wear a helmet at all times when skiing.
- Skiers must wear a high visibility vest when skiing on the roads.
- Skiers should ski on suitably quiet roads or bike paths.
- Skiers should ski on suitable surfaces- rough roads will damage the wheels.
- Skiers should not skate on the classic skis- this will damage the wheels.
- 3. **Casual use by club members** The roller skis are available for club members to loan short term if they are available and not required for club activities. The following conditions apply to the loan of skis:
- Replacement cost of the skis is \$200 if lost, stolen or damaged beyond repair.
- Skis are the responsibility of the borrowing adult.
- Junior skiers (up to age 15) must be directly supervised by an adult during use.
- Junior skiers 15 years and over may use the skis without supervision.
- Skiers must wear a helmet at all times when skiing.
- Skiers must wear a high visibility vest when skiing on the roads.
- Skiers should ski on suitably quiet roads or bike paths.
- Skiers should ski on suitable surfaces- rough roads will damage the wheels.
- Skiers should not skate on the classic skis- this will damage the wheels.

Please note that National Senior team athletes are expected to purchase their own roller skis and loan of club skis is only in exceptional circumstances.

### Club reviewed and ratified this policy on 2st April 2014

#### Example of Registration Form for Club activities and Casual loan in the ski bag

NO	BORROWER	DATE OUT	DATE IN	SIGNATURE

## Birkebeiner Nordic Ski Club Roller Ski Summer hire

Roller skis are available for club families to hire for the summer holidays period (up to the beginning of term one). The following conditions apply to the hire of skis:

- The cost is \$20 (for maintenance and repair)
- There is a \$20 deposit
- Replacement cost of the skis is \$200 if lost, stolen or damaged beyond repair
- Skis are the responsibility of the hiring adult
- Junior skiers (up to age 15) must be directly supervised by an adult during use.
- Junior skiers 15 years and over may use the skis without supervision
- Skiers must wear a helmet at all times when skiing.
- Skiers must wear a high visibility vest when skiing on the roads

**Note**: A Parent must co-sign this agreement if junior is under 18 years.

- Skiers should ski on suitably quiet roads or bike paths
- Skiers should ski on suitable surfaces- rough roads will damage the wheels
- Skiers should not skate on the classic skis- this will damage the wheels

I <u>agree</u> to the conditions of the hire of the roller skis from the Birkebeiner Nordic Ski Club.

•	R/S Skis (Make, Model & No)
•	Deposit:
•	Hire Date:

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Hire Date:		
Expected return	date:	
Name:		
(Junior)		
Signature:		
Name:		
(Parent)		
Signature:		